

FOUNDATIONS

A publication for the friends of The Eddy, Albany Memorial Hospital, Samaritan Hospital and St. Mary's Hospital



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We're at the heart of our community



Heart disease is the leading cause of death among men and women in the United States. Approximately 1.2 million Americans experience heart attacks each year, and nearly one third of them will die before they reach the hospital.

As community hospitals and as members of St. Peter's Health Partners, Samaritan and St. Mary's hospitals share a

commitment to improving the health and well-being of the residents of Rensselaer County and its surrounding areas. A major focus of those efforts has been on the prevention and treatment of heart disease. Our dedicated team of cardiologists, physicians, nurses and EMTs are continually working together to advance cardiac care services and improve patient outcomes.

In 2006, Samaritan Hospital and St. Mary's Hospital worked in collaboration with St. Peter's Hospital to bring cardiac catheterization services to Rensselaer County. Cardiac catheterization is a diagnostic test used to detect diseases of the heart such as clogged arteries, heart valve defects or heart muscle damage. The procedure is performed in a specially equipped X-ray room called a catheterization lab and involves placing a thin, flexible tube (catheter) into a blood vessel and advancing it into the heart.

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A Message from the Chairman



The launch of the \$99 million Troy Master Facilities Plan in September marked the beginning of an exciting new era in health care for our hospitals and for our communities. Samaritan Hospital and St. Mary's Hospital are truly becoming one as the Acute Care Troy Division of St. Peter's Health Partners – the largest health system in the region. Together we are transforming health care in Troy.

After a long and arduous winter, it's exciting to witness the progress being made on the construction of the new parking garage at Samaritan Hospital which is scheduled to open in late summer. And it is with eager anticipation that we look forward to the start of construction on Samaritan's five-story Heinrich Medicus Pavilion.

In May, the Samaritan Hospital School of Nursing relocated to its newly renovated home on the second floor of St. Mary's Hospital. The new location offers state-of-the-art classrooms and an enhanced lab where students can hone their clinical skills. Other features include an expanded computer lab and ample study areas.

In this issue you will read about the new, beautifully appointed St. Mary's Cancer Treatment Center which opened its doors in mid-June on the second floor of St. Mary's Hospital in Troy. Formally known as the Cancer Treatment Center at Samaritan Hospital, the new center will provide medical oncology services. Radiation oncology services will continue to be provided at Samaritan Hospital.

What's most exhilarating for me as the Foundation chair is witnessing firsthand the outpouring of support from donors like you – individuals and businesses that share in our vision for the future and recognize the impact that our facilities have on the health and well-being of our communities.

Thank you for your generosity and support as we continue to transform health care in our community.



Robert Benton, MD, FACC, CPI
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Dwight and Rachel Smith.



Tod and Judith Wing.

A Gift of Wellness

In 1970, Dwight Smith's parents moved to Pilgrim Place, a community in Claremont, Calif., originally formed as a place for ministers and missionaries to enjoy a comfortable retirement. Rachel Smith's father, Charles, was a Mason and had always claimed that he'd joined the Masonic order so that he could live at the local "Masonic Home" when he was older and unable to care for himself. Much like their parents, Dwight and Rachel Smith didn't want to become a burden on their children. The Smiths wanted to spend their days of retirement in a community that offers independent living with the added assurance that if they needed more care, it's right around the corner.

The decision to move to Beverwyck came naturally to the Smiths. Dwight and Rachel became familiar with The Eddy several years ago when Rachel's mother moved to Beechwood, The Eddy's senior living community in Troy. They saw firsthand the benefits of being part of a community that offers a comprehensive care continuum. In 2009, with many of their roots already planted in the Albany area, Dwight and Rachel decided to move to Beverwyck.

Beverwyck offers a variety of activities and social opportunities, many of which Dwight and Rachel enjoy. They participate in foreign language groups, book clubs and more. They especially love the wellness programs offered at Beverwyck. The Smiths believe that the addition of a swimming pool would encourage more residents to exercise regularly. So when plans were discussed to build a new Wellness Center, complete with a swimming pool, they were delighted! With their giving nature, they decided to make bequest and charitable remainder gifts as a way of contributing to the improvement of the community, and caring for their neighbors and friends at Beverwyck.

It was a little more than a year ago when friends of the Smiths, Tod and Judith Wing, moved to Beverwyck and became their neighbors. Both active in the community, Rachel Smith and Judith Wing serve as Deacons at the same church, and the families have been friends for many years. Like his wife, Judith, Tod held many roles in the community as board member for several local nonprofit organizations, and was an active Rotarian and leader for dozens of years. It's no surprise that when he moved to Beverwyck, Tod quickly became involved in many activities including serving as program coordinator for the "Men's Breakfast". Also, one of Tod's hobbies, photography, led him to become the official photographer for the Beverwyck Building Expansion project.

Like the Smiths and other Beverwyck residents that came before them, the Wings wanted to do something to support an immediate need at Beverwyck that would improve the quality of life for its residents. A contribution to the Wellness Center project made sense because they both enjoy exercising. They decided to make their contribution in the form of a charitable gift annuity, which also provides them with a modest return income. Tod and Judith hope that by investing in the community where they live, Beverwyck will continue to be a place of superior independent senior living for many years to come.

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St. Mary's Cancer Treatment Center and Samaritan Radiation Oncology Open their Doors

In mid-June, St. Peter's Health Partners opened the doors to the new beautifully-appointed St. Mary's Cancer Treatment Center located on the second floor of the St. Mary's campus in Troy. Funded solely through philanthropic dollars, the Center is designed for and by Cancer Treatment Center patients. Radiation oncology services will continue to be provided at Samaritan Hospital. Formerly known as the Cancer Treatment Center at Samaritan Hospital, the Center's team of cancer care professionals will continue to provide the same high-quality, compassionate and coordinated cancer care services.

When patients enter St. Mary's Cancer Treatment Center they are greeted by a concierge who will help direct them



to services, including comprehensive medical oncology, hematology and infusion services, a patient navigation program, genetic counseling and a variety of integrative wellness programs. The infusion center offers heated infusion chairs and affords each patient ample personal space. In addition, there are two private infusion suites with enough room for a family member or friend to keep patients company during extended treatments.

The sun-drenched space is both warm and calming with spacious exam rooms; a library where patients can utilize tablets and computers to seek up-to-the-minute cancer information with the assistance of a knowledgeable volunteer; a retail store staffed by consultants who can help patients secure proper fitting of wigs, learn about make-up application and skin care and purchase cancer support products; nutrition centers stocked with beverages and healthy snacks; and activity areas for patients' children.

The Center will continue to offer a complement of integrative wellness services designed to help patients live healthier, more stress-free lives. These programs include healing- touch therapy, patient education, support groups, rehabilitation support, healthy cooking classes and nutrition counseling, yoga classes and therapeutic massage. The Center's integrative wellness programs are offered to our patients free of charge thanks to the generous donation of the Karen L. Mosseau Fund and Nancy B. Clemente Fund.

Save the Dates

20th Annual Rensselaer County Charity Golf Classic

Presented by Northeast Health and Seton Health Foundations and The Community Hospice Foundation to raise funds for hospice care for patients and families who live in Rensselaer County.

Monday, August 31

The Country Club of Troy

CO-CHAIRS:

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Jim Kambrich, News Channel 13

2015 Visions of Strength

A wine tasting and silent auction

To benefit the integrative wellness program at St. Mary's Cancer Treatment Center

Thursday, October 22

Hilton Garden Inn, Troy

22 years of Magic!

Cuisine Magic 2015 was held Sunday, March 22, 2015 at The Century House in Latham. Our premiere culinary tasting and fundraising gala for Eddy Visiting Nurse Association is an annual event where area chefs showcase their talents. This year 400 guests were taken on a tantalizing tour into "The Magic of Spain".



L to r, Mary Jo Gibson, James K. Reed, MD, President & CEO, St. Peter's Health Partners, Honorable Paul Tonko, congressman, Jo-Ann Costantino, former VP & CEO, Continuing Care, Liz Bishop, CBS6 News, and Michelle Mazzacco, VP, Eddy Visiting Nurse Association.



L to r, Michael LoPorto, chef and event chair; overall winner, Carmelo LoPorto, executive chef, LoPorto's Ristorante Cafe' and James Rhoads, chef and event co-chair.

2015 MAJOR SPONSORS



2015 Jewels in the Night

The 2015 Jewels in the Night Patient Care Gala held this past January at the Albany Marriott was a great success! With more than 450 people supporting Albany Memorial, Samaritan and St. Mary's Hospitals.

Proceeds from the event will be used for capital improvements at Albany Memorial and the Troy Master Facilities Plan (MFP) for Samaritan and St. Mary's hospitals. The Troy MFP will advance the quality of health care in Rensselaer County by significantly expanding and modernizing the facilities, allowing for improved technology, and enhancing the convenience and overall experience for patients, families, visitors, physicians and employees.



L to r, Norman E. Dascher, Jr, CEO Acute Care Troy & VP, St. Peter's Health Partners, Ann Errichetti, CEO, St. Peter's Hospital and Albany Memorial Hospital & VP, St. Peter's Health Partners, with Founder's awardees J. Kevin Gebert, MD, John A. Collins, MD, Yogesh K. Gupta, MD, Kelly A. Dennin, MD, Gary Dake, Stewart's Shops and the Dake family and Karl Cote, executive director, Northeast Health Foundation.

2015 MAJOR SPONSORS



We're at the heart of our community

Continued from page 1

In 2012, Samaritan Hospital became the first and only hospital in Rensselaer County to offer percutaneous coronary intervention (PCI) with stenting, also known as angioplasty, a nonsurgical procedure used to restore blood flow to blocked arteries, particularly the coronary arteries that feed the heart. During this procedure, a small device on a thin tube is fed through blood vessels to the point of blockage and then is inflated to open the artery. If necessary, a stent, a narrow metal or plastic mesh tube, is left to keep the artery open. PCI can reduce the symptoms of coronary artery disease and decrease the damage to the heart muscle caused by heart attack. At that same time, Samaritan Hospital introduced a revised therapeutic hypothermia program, a procedure which cools a patient's body temperature after a cardiac arrest reducing damage to brain tissue.

Samaritan Hospital recently received New York State Department of Health approval to provide on-site electrophysiology services including arrhythmia studies for irregular heartbeat and the implantation of automatic implantable cardioverter defibrillators (AICD). AICDs are generally implanted into heart failure patients and programmed to speed up or slow down the heart depending on the individual's heart rate. The AICD gives your heart a shock if you start experiencing life-threatening changes in your heart rate.

In keeping with our commitment to excellence in cardiac care, in 2013 St. Peter's Health Partners started the process to apply for accreditation as a Chest Pain Center through the Society for Cardiovascular Patient Care for all four of its acute care hospitals: St. Mary's Hospital, Samaritan Hospital, Albany Memorial Hospital and St. Peter's Hospital. This prestigious accreditation signifies that our cardiac care protocols across the system are optimized to reduce the time from when a person experiences

chest pain or heart attack symptoms to diagnosis and treatment. This has been shown to reduce damage to the heart and result in better outcomes for the patient.

Our hospitals are committed to promoting the recognition of the early signs of a heart attack when symptoms may be mild. To that end, we work closely with cardiologists and other health professionals to offer community outreach programs to educate the public about cardiovascular health and how to recognize the early heart attack symptoms. For 50 percent of people experiencing these early symptoms, a heart attack can be prevented with early treatment before any damage to the heart can occur.

Our goal is to better serve our community and this begins with education regarding the recognition of the early signs of a heart attack. This requires a strong relationship with first responders and emergency personnel, whose early interventions before arriving at the hospital are critical. The emergency department staff at both Samaritan Hospital and St. Mary's Hospital work closely with the local emergency medical providers to make sure patients are assessed, diagnosed and treated as quickly as possible. We are continually seeking ways to improve training, processes and procedures.

Thank You!

It is thanks to the generosity of our donors that we are able to provide the very best in patient and resident care. We're proud of our rich history ... and the role we play in the lives of so many people.

Thank you for your care and support in 2014.

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Memorial School of Nursing Alumni Banquet

The annual Memorial School of Nursing Alumni Banquet was held last fall at Wolferts Roost in Albany. With the largest attendance in many years, attendees celebrated the Class of 1964's 50th graduation anniversary and the Class of 1989's milestone of 25 years. In addition, the Harriet Bahn awardees were honored at the banquet - a new tradition established by the Board.

SAVE THE DATE for this year's Alumni Banquet scheduled for Friday, September 25, 2015 at the Hilton Garden Inn, Troy.

L to r, Mary Young, 2014 Harriet Bahn awardee, Deborah Elliot, president of the Memorial Hospital Nurses Alumni Association and Emily Ilowit, 2013 Harriet Bahn awardee.



Class of 1964 members, Back row, l to r, Laura Tario, Bonnie Bazyk and Kathy Santarcangelo. Front row, l to r, Pat Hauf and Joyce Murray.