Transforming Health Care in Troy

The world of hospitals and health care has changed dramatically since the opening of St. Mary’s Hospital in 1850 and Samaritan Hospital in 1898. Both hospitals have managed those changes effectively through the years. Today, however, hospitals and health facilities across the country are undergoing the most significant adjustments in generations as a result of federal health care reform and continued reductions in state and federal reimbursement.

When St. Peter’s Health Partners was created in 2011, a key goal was to create a long-term, sustainable acute care presence in Troy in order to provide the best care possible for patients in this community while acknowledging the tenets and sweeping changes of that reform.

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A Message from the Chairman

I would like to introduce myself as the new chair of the Northeast Health Foundation’s Board of Directors, and to thank Bob Bristol, our former chair, for his outstanding leadership during the past three years. Bob led us through many milestone events, including our merger to form St. Peter’s Health Partners, along with the formation of the Center of Philanthropy which has unified the fundraising efforts of all our foundations within the St. Peter’s Health Partner’s system.

Let me start by telling you a little about myself. I am a board-certified cardiologist. I received my medical degree from the University of Vermont and completed my fellowship at Georgetown University. Since 1997, I have practiced in Troy and Albany. I am the chief of cardiology at Samaritan Hospital, past president of the medical staff, and the director of Capital Cardiology Associates, Division of Clinical Research. I live in Loudonville with my wife and four children and when I am not practicing cardiology, I enjoy golf, gardening and skiing.

I am very excited about my new role as chair of the Northeast Health Foundation Board, especially at this important time. As you know, several years ago we set out to proactively create a master facilities plan for our Troy hospitals – one that responds to the changing health care environment, one that is guided by a vision that sees St. Peter’s Health Partners as the catalyst for the future of health care in our region, and one that will transform health care in Troy. As you will read in this issue, we are planning a $99.9 million strategic development project that includes construction, renovation and modernization of inpatient facilities on Samaritan’s campus and outpatient facilities on St. Mary’s campus.

No doubt, with this vision comes a challenging financial investment. Accordingly, we are preparing to conduct a major capital campaign entitled, Transforming Health Care in Troy...The Campaign for Samaritan and St. Mary’s Hospitals, to assist in funding our vision and making our exciting plans a reality. With so much at stake, we are confident that our many friends will join with businesses, foundations and other donors to create a philanthropic partnership of historic proportions. In so doing, they will join with St. Peter’s Health Partners in creating the future of health care in our region.

Thank you for all your past generosity. I look forward to our journey and partnership in transforming health care for our community.

Robert Benton, MD, FACC, CPI
Chairman
This spring, Albany Memorial Hospital opened a new Pelvic Health Center to treat individuals experiencing bowel, bladder, pelvic pain symptoms and other conditions related to the pelvic floor. The center offers a vast range of treatment services, including biofeedback and electrical stimulation therapy, cystoscopy, education on pelvic floor exercises and dietary issues, surgical and non-surgical options, medical management and more.

According to Glen Cooper, executive director of Albany Memorial Hospital, “Our experienced team takes a multi-disciplinary approach to treating pelvic floor disorders – with a special focus on helping our patients return to their active lifestyles.”

In addition to the center at Albany Memorial Hospital, pelvic health services are also provided at St. Mary’s Hospital/ Seton Health Massry Center at 147 Hoosick St. in Troy.

For more information, please contact the Albany office at (518) 429-2566, or the Troy office at (518) 268-5380.
The 3rd Annual Nancy B. Clemente Cancer Fund Golf Tournament was held Saturday, May 3 at the Fairways of Halfmoon golf course in Mechanicville, NY. More than 142 golfers participated raising $24,500 in support of the fund.

The Nancy B. Clemente Cancer Fund is dedicated to raising awareness and supporting educational programs for cancer survivors, in collaboration with Samaritan Hospital’s Cancer Treatment Center.

Since then, patients, caregivers, family members and even health care professionals have benefited from free education programs provided by the fund. Also, the fund provides lymphedema bandages and compression garments to breast cancer patients who do not have insurance or whose insurance does not cover a critically important post-treatment form of care.

The Nancy B. Clemente Cancer Fund is supported by volunteers who provide their time and expertise to support and educate individuals diagnosed with cancer. One hundred percent of all funds are used for educational programs and services. For more information about this fund, please visit: www.clementefund.org.

We are extremely thankful to all of our supporters for helping us make a difference to those in need. Please SAVE THE DATE for the 2015 EVENT on May 2!
Celebrating Our Connection

The 2013 St. Peter’s Health Partners system wide Employee Fund Drive was an outstanding success! More than 2,500 employees participated, raising more than $336,000 to help support our five foundations’ charitable work at all legacy institutions.

This year, our collaborative efforts included the establishment of an employee-sponsored Mission Service Fund. This fund will help respond to the numerous requests for support of programs and services embraced by St. Peter’s Health Partners, and will play an instrumental role in realizing our organization’s day-to-day mission.

Additionally, the Mission Services Fund will impact those in need in a comprehensive manner — our staff, our community and our neighbors around the world. The following three categories will be the focus of this fund:

• **Employee Hardship Assistance** - Funding to assist employees who have experienced a catastrophic or life-altering event and who are in need of financial assistance.

• **Care for the Poor** - Funding for programs and services that will assist the needs of the poor and underserved within the communities we serve.

• **Global Health Ministries** - Funding to reach the needs of those around the world who are aligned with the health ministries that make up St. Peter’s Health Partners.

It is thanks to the generosity of our donors that we are able to provide the very best in patient and resident care. We’re proud of our rich history and the role we play in the lives of so many people.

THANK YOU for your care and support in 2013. For a complete listing of our 2013 donors, please visit northeasthealth.com/donors2013.

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Home Visiting Physicians Make House Calls

St. Peter’s Health Partners Medical Associates recently introduced an exciting new program – Home Visiting Physicians and Nurse Practitioners. The program’s goal is to help people remain in the community and avoid unnecessary trips to the emergency department and at the same time, delay or avoid nursing home placement.

Services can be used for just a few weeks to help patients get back on track after a hospitalization. Or, for patients who have a physical condition which makes it difficult for them to leave home, the services may be provided on an ongoing basis.

Home visiting physicians and nurse practitioners specialize in caring for people with chronic conditions, such as COPD, pneumonia, congestive heart failure and diabetes; and can provide care for patients in Albany, Rensselaer and Saratoga counties.
The Legacy Circle

Charitable Planning for Today’s Donor

Change has been the only constant on the tax landscape over the last two decades. Even professionals in the field have found it challenging to keep up with new legislation. Charitable giving is one of the few areas left relatively unscathed. You can still give to support the important work of a charity and expect some or all of the following benefits of thoughtful charitable planning:

• accomplishment of important charitable objectives
• income tax savings through the charitable deduction for the value of the gift
• avoidance of tax on long-term appreciation of contributed property
• retained income rights for your life and/or other beneficiaries
• increased spendable income with certain arrangements
• elimination of federal estate tax on the value of interests in property passing to charity at death
• reduced estate settlement costs

Not only is charitable planning one of the few discretionary ways left to control taxable income, but the changes have created situations that make charitable planning even more attractive with your personal financial planning.

Indeed, charitable planning is alive and well today. New and exciting opportunities for wise charitable planning are available now more than ever before. We welcome the opportunity to discuss your plans. Please let us know if we can assist in anyway by contacting our Foundation Office at (518) 274-0190.

Join our Legacy Circle by making an estate gift to a Northeast Health affiliate organization of your choice and by confirming your intention in writing. If you have already honored us with an estate gift, thank you! We hope you will let us know so we can personally express our gratitude.

Transforming Health Care in Troy

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In 2012, we announced a $99.9 million strategic development project that includes construction, renovation and modernization of inpatient facilities on Samaritan’s campus and outpatient facilities on St. Mary’s campus. The result will be vast infrastructure and facility improvements, including construction of a new five-story pavilion at Samaritan to house a new expanded emergency department, an intensive care unit, a progressive care unit and two medical/surgical units. The project also includes establishing an ambulatory care campus at St. Mary’s Hospital to provide vital services to the community.

The plans are ambitious and our vision bold. It will take time to implement these plans and an enormous commitment of resources to bring them to fruition. This fall, the Northeast Health Foundation and the Seton Health Foundation will kick off a major capital campaign entitled, “Transforming Health Care in Troy ... The Campaign for Samaritan and St. Mary’s Hospitals.” This exciting campaign will ideally raise $35 million toward the $99.9 million project cost. With a very generous anonymous gift of $10 million already secured, there is a momentum that speaks to the urgency of this extraordinary initiative.

It is a defining moment in the history of health care in Troy. And while we are proud of our accomplishments over the past 160 years, we cannot survive as we are presently configured. Unequivocally, the ultimate success of “Transforming Health Care in Troy ... The Campaign for Samaritan and St. Mary’s Hospitals” will depend upon your generous philanthropic investment in the future of health care in our region.
Cuisine Magic 2014, The Magic of Italy

Cuisine Magic 2014 was a very special evening for Eddy Visiting Nurse Association and Eddy SeniorCare/PACE. With 420 attendees gathered to enjoy Italian cuisine prepared by talented chefs from 10 restaurants, a bakery and an Italian deli, the event raised more than $31,000!

Main Sponsors

Cuisine Magic overall winner Carmelo LoPorto, executive chef, LoPorto’s Ristorante Cafe, and Chef Jim Rhodes, event co-chair.

2014 Participating Chefs

Nathan Kutzscher, Executive Chef
Albany Marriott

Edward Murray, Executive Chef
The Arlington House

Jeremy Kane, Corporate & Executive Chef
BBL Hospitality

Christopher Faraci, Executive Chef
Carmen’s Café

Christine & Salina Crisafulli, Pastry Chefs
The Cookie Factory

Philip Fitzpatrick, Executive Chef
Hilton Albany

James J. Rhoads, Chef
Hilton Garden Inn Albany Airport

Sarah Fish, Chef
Café Congress

Carmelo LoPorto, Executive Chef
LoPorto’s Ristorante Café

Scott E. Stickle, Executive Chef
Morrison Management Specialists

Jordan Patregnani, Chef de Cuisine
Panza’s Restaurant & Catering

Mario Tricomi, Chef
U Mundu E Ca

Beverwyck Hosts Music Program

Beverwyck, The Eddy’s senior living community in Slingerlands, hosted a music program on April 8 with musician Sophie Shao, as part of the Union College Concert Series. The program was sponsored by the Northeast Health Foundation.

L to r: Olivia Wang, Director of Development for The Eddy, Northeast Health Foundation; Sophie Shao with husband Dereck Delaney, artistic director, Union College Concert Series; and Karl Cote, executive director, Northeast Health Foundation.
Thank You!

It is thanks to the generosity of our donors that we are able to provide the very best in patient and resident care. We’re proud of our rich history ... and the role we play in the lives of so many people.

Thank you for your care and support in 2013.


Save the Dates

**Visions of Strength 2014**

*To benefit the Integrative Wellness Program at the Cancer Treatment Center at Samaritan Hospital*

October 23, 2014 | 6 PM

Hilton Garden Inn, Hoosick Street, Troy

Contact Sabrina Mosseau at (518) 271-3681, or Sabrina.Mosseau@sphp.com. Or go to northeasthealth.com/visionsofstrength

**Rensselaer County Charity Golf Classic**

*To benefit hospice care for patients and families in Rensselaer County*

September 8, 2014 | Registration: 11 am

The Country Club of Troy

Contact Julia Hayden, The Community Hospice at (518) 377-8846, or Julia.Hayden@sphp.com

For information about supporting any affiliate, please contact Northeast Health Foundation at 274-0190, 274-0192 (fax), 2224 Burdett Avenue, Troy, NY 12180. Or, go to northeasthealth.com/foundation.